



DRIVE TO SAVE LIVES

TIPS FOR COACHING YOUR NEWLY LICENSED TEEN DRIVER

Drive to Save Lives is designed to help keep your newly licensed teen driver safer during the dangerous first year of independent driving. This guide offers important ways to encourage smart driving habits for your teen. It also presents the key skills your teen should continue to improve during the first year after earning a driver's license.



For more information, visit DriveltHome.org.



PRACTICE HELPS MAKE PERFECT

- Ride with your new driver at least 30 minutes each week for the first full year after he or she gets a license.



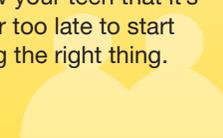
BE PATIENT AND ENCOURAGING

- Turn each drive into a learning experience.
- Give advice calmly and gently.
- Be honest and sincere when you encourage.
- Invite your teen to analyze his or her skills too.



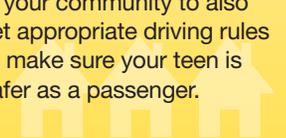
LEAD BY EXAMPLE

- Your teen learns from you — especially when you're behind the wheel.
- Drive the way you want your teen to drive.
- If your teen catches you making a mistake, admit it.
- Show your teen that it's never too late to start doing the right thing.



MAKE SAFETY PART OF YOUR COMMUNITY

- For 16- and 17-year-olds, the risk of death increases 44% with one teen passenger, doubles with two teen passengers and quadruples with three or more teen passengers.
- Encourage parents of teens in your community to also set appropriate driving rules to make sure your teen is safer as a passenger.



EMPOWER TEENS TO SPEAK UP

- Discourage risky behavior as a driver or passenger.
- Emphasize that everyone in the car is responsible for safe driving.
- Reinforce the importance of speaking up in dangerous situations.



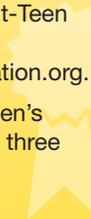
REVIEW THE RULES

- Know your state's driving laws.
- Laws help new drivers get on-the-road experience under lower-risk situations.
- View laws as minimum standards for establishing family rules.



MAKE IT OFFICIAL

- Establish family rules about when, where, how and with whom your teen may drive.
- Work with your teen to set consequences for breaking rules.
- Create a Parent-Teen Agreement at AllstateFoundation.org.
- Review your teen's progress every three months.



BE YOUR TEEN'S BIGGEST FAN

- Encourage your teen to tell you about experiences on the road — as a driver or passenger.
- Keep cheering them on to driving success each and every day.



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SKILLS TO PRACTICE WITH YOUR NEWLY LICENSED TEEN DRIVER

SEAT BELTS ARE NEVER OPTIONAL

- Make sure your teen always buckles up and checks to make sure passengers do too.
- Teens are least likely to wear seat belts.
- Most teens killed in crashes were not wearing seat belts.

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PASSENGER MAINTENANCE

- Watch how your teen focuses on driving with family in the car.
- Passengers — and the distractions they represent — can be deadly.
- Crashes increase with even one teen passenger.
- Consider allowing no teen passengers for the first six months of driving.

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SPEED MANAGEMENT

- Observe how your teen manages speed.
- Determine if your teen sees and responds to speed limit signs.
- Point out how to adjust speed to the situation.
- Weather, traffic, hazards and experience factor into a safe driving speed.

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SCANNING THE ROAD AHEAD

- Encourage your teen to regularly look far down the road, then closer in, and then through mirrors.
- Teach your teen to identify and avoid potentially reckless drivers and hazards on the road.

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HAZARD DETECTION AND RESPONSE

- Help your teen anticipate the actions of other drivers.
- Drivers have three seconds to respond to a hazard: one to recognize the hazard and two to react.
- Ask your teen to point out risky situations and discuss how to avoid the dangers.

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KEEPING THEIR DISTANCE

- Encourage your teen to keep a three-second distance between his or her car and the car in front.
- Instruct your teen to watch the rear bumper of the car in front pass an object.
- Ask your teen to count out loud for three to four seconds before his or her car passes the same object.

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NIGHT DRIVING

- Watch how your teen adjusts to night driving.
- Point out that routes your teen drives during the day look different in low-light situations.
- Fatal crashes are more likely at night than during the day for teen drivers.
- Consider banning night driving for the first six months of licensed driving.

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A SAFE STATE OF MIND

- State of mind affects driving ability.
- No drinking or drugs while driving.
- Watch how your teen's mood (tired, excited, nervous, sad) or medications affect his or her driving.

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MANAGING CELLPHONES

- Be sure your teen routinely turns off and puts away any cellphone before starting the car.
- If your teen needs to make a call, he or she should pull over and stop for the duration of the call.

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AVOIDING DISTRACTIONS

- Encourage your teen to fully concentrate on driving.
- Ask your teen to avoid activities that take the focus off the road, including eating, drinking, reaching for an object, reading billboards or adjusting/programming electronics.

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Drive it HOME
HELPING YOU KEEP YOUR TEEN DRIVER SAFE

For more information, visit DriveItHome.org.

SaferLIVES
In the home. On the road. In the community.
AN ALLSTATE FOUNDATION PROGRAM