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# A Pilot Symbiotic Shadowing Program:

Pediatric Trainees & Premedical Students

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# Background

- UCLA pediatric residents
  - Pediatric Continuity Clinic (PCC)
  - General pediatrics and urgent care rotation
  - Negative evaluations about workflow interruptions

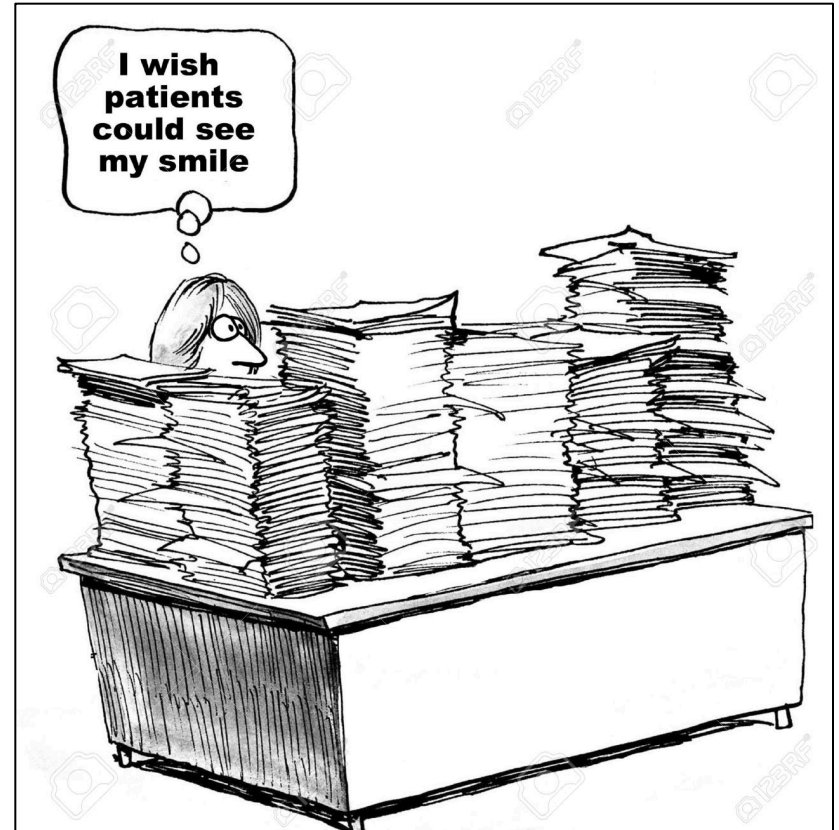


- UCLA premedical students
  - Medical school applications and interviews
  - Strict institutional restrictions



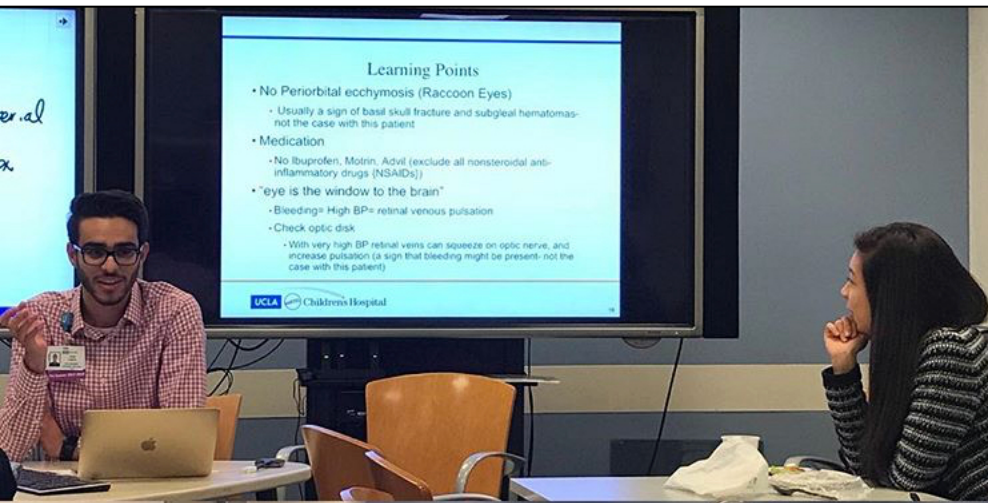
# The Program

- A symbiotic relationship
  - Premedical students shadow pediatric residents in PCC
  - Pediatric residents get assistance with office tasks (aka “scut work”)



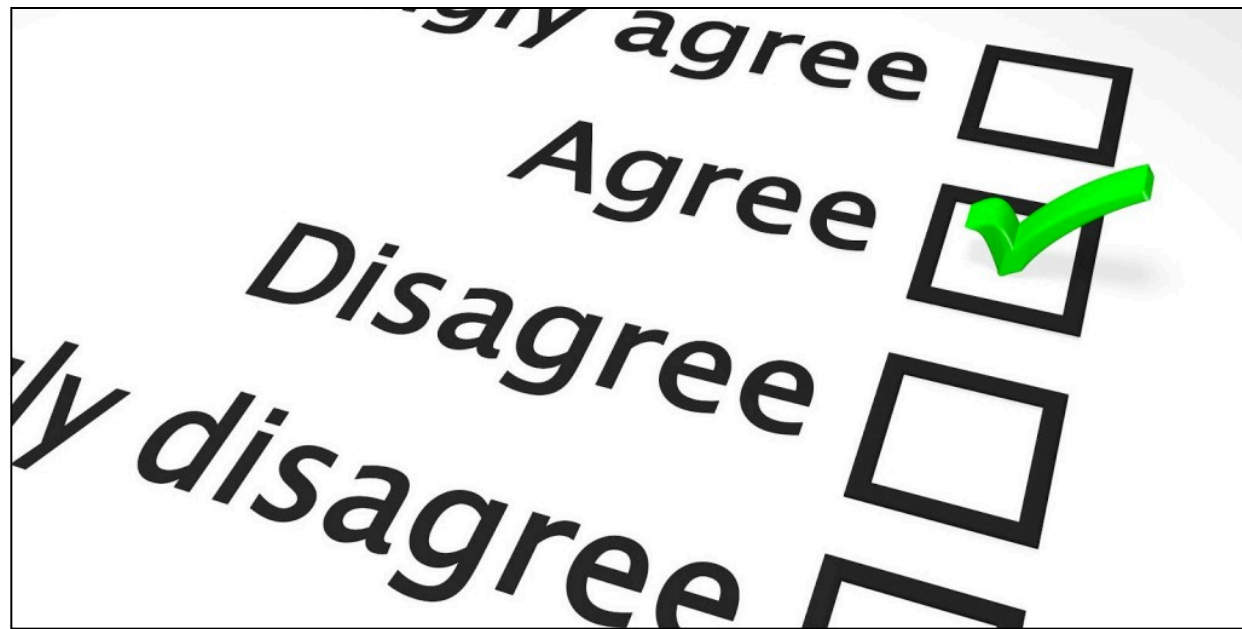
# Educational Opportunities

- Residents teach daily “clinic talks” on general pediatric topics
- Undergraduate students discuss patient cases

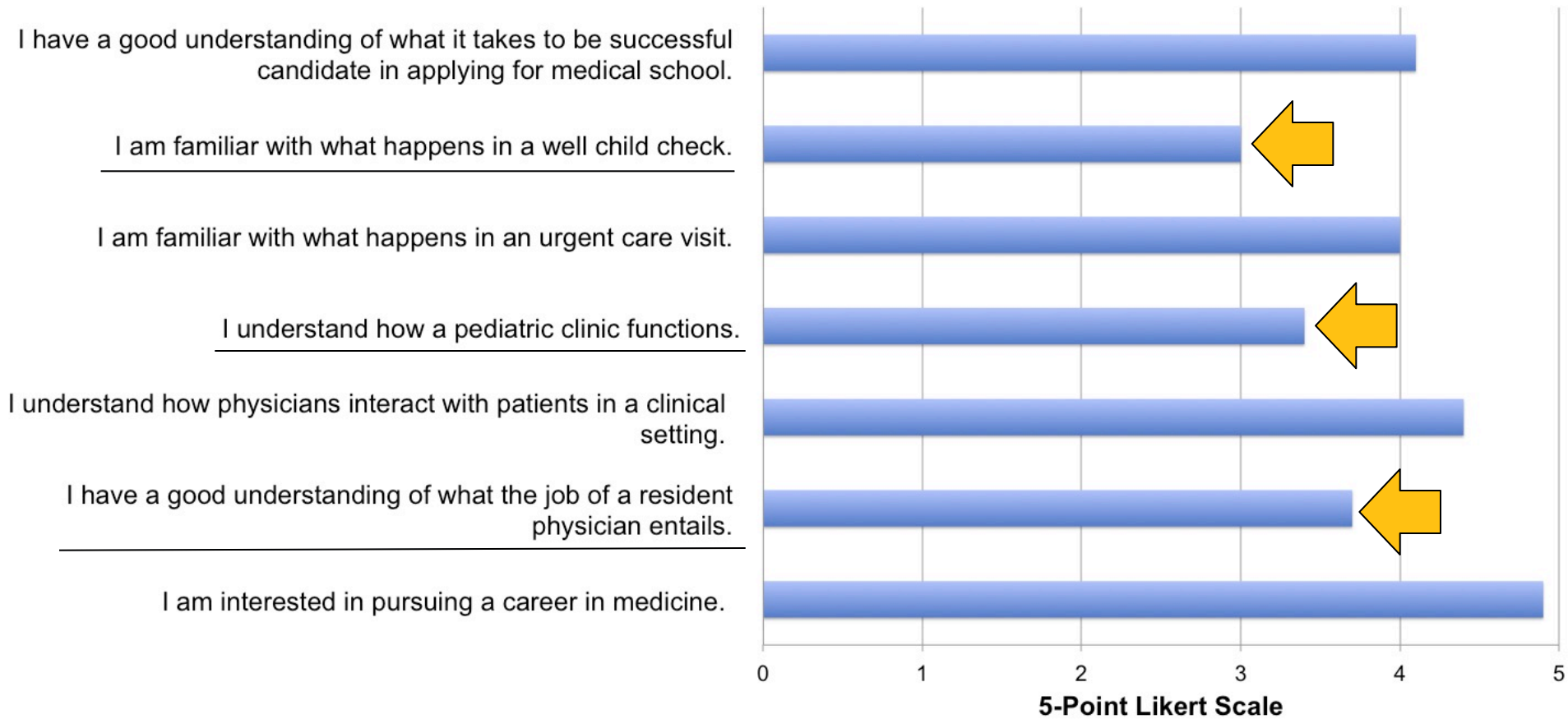


# Findings

- Pre/post participation
- Undergraduate surveys
- Resident surveys



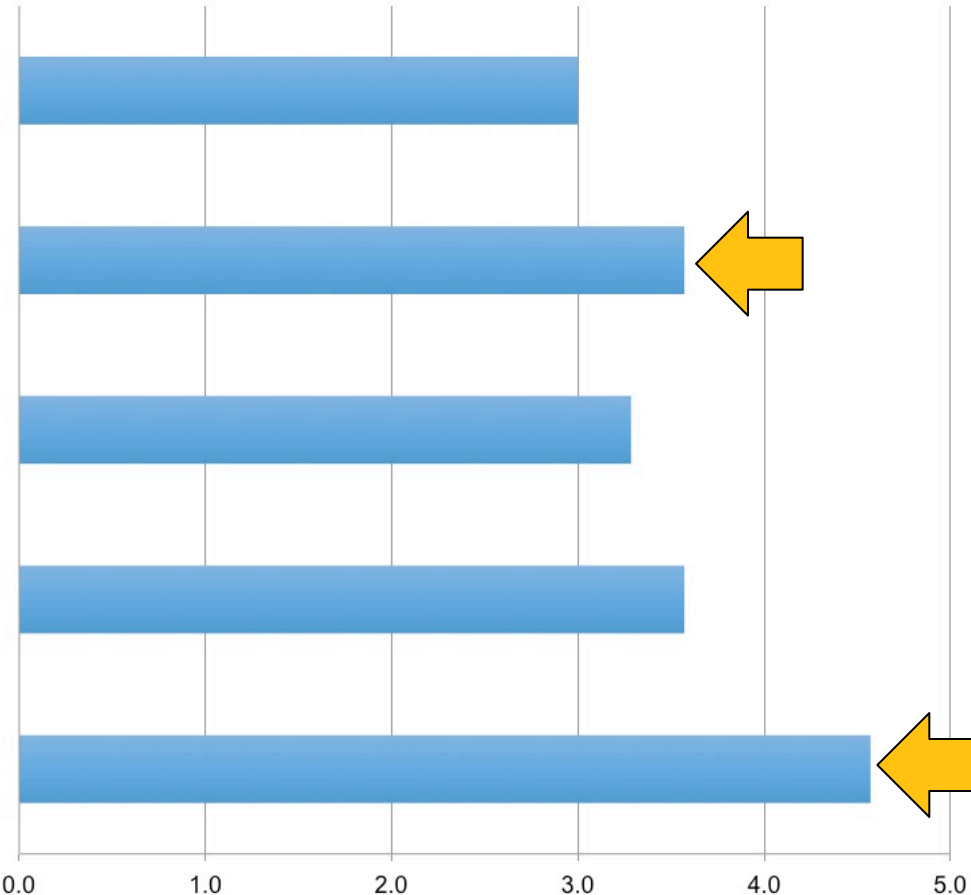
# Pre-Participation Survey Responses of *Premedical Students*





# Participation Survey Responses of Pediatric Trainees

I was able to discuss a career in medicine with the undergraduate students.



The undergraduate students helped me complete my workflow in the clinic.

I was able to mentor the undergraduate students in the clinic.

I was able to teach the undergraduate students in the clinic.

I enjoyed having undergraduate students in the clinic with me.

5-Point Likert Scale

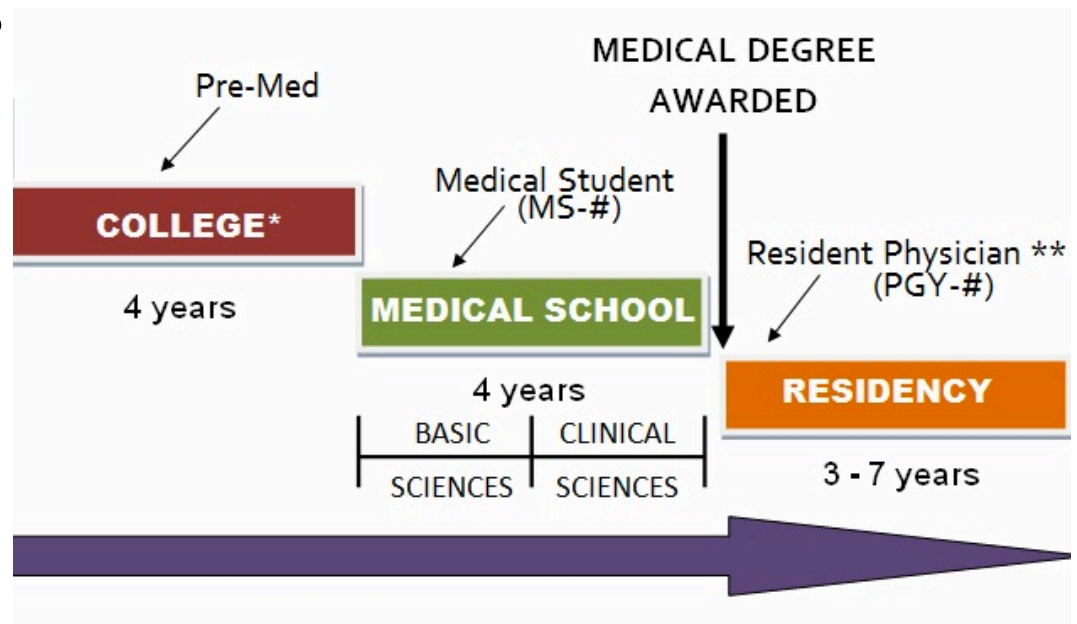


# Discussion

- Example of a symbiotic relationship in the clinical setting
- Students gain insight into pediatrics and mentors
- Residents get help with non-physician level tasks and get to mentor and teach
- Next steps...

# So, what can you do?

- **Premedical students** need clinical experience
- **Medical students** need pediatrics exposure
- **Residents** need career planning



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