

The AAP-CA2 29th Advances in Pediatrics Symposium at the Universal Sheraton

On the evening of April 27, 2018, the AAP-CA2 held a lovely reception for professional networking. In attendance were many of the chapter officers, including our president Ed Curry, MD, FAAP, immediate past president, Paula Whiteman, MD, FAAP, FACEP, members-at-large, Cori Cross, MD, FAAP and Ken Saul, MD, FAAP, San Bernardino High Desert Area Representative, Dr. Rajasekhar Damodara, MD, FAAP, Pediatric Residents Representative Christine Thang, MD, Early Career Physician Representative Kevin Fang, MD, FAAP and Medical Students Representative Alexa Manriquez.



Symposium speakers Marshall “Buzz” Land, Jr., MD, FAAP and Michael Brady, MD, FAAP were also among the many guests. Attendees had an opportunity to network over delicious hors d’oeuvres and drinks. Funds collected benefited the chapter’s programs, including the High School Medicine-Biological Sciences Scholarship Program, the Committee on Service, Education, and Mentoring (Resident Research Awards), and the S. Michael Marcy Memorial Lecture Series. This event was generously supported by Abbott Nutrition. We thank Bob Dahms and Valerey Huntley of Abbott for their support.



Symposium, Supported by First 5 LA

The next morning, April 28, 2018, about 20 attendees started their morning learning about *Mindfulness for Clinicians*, which focused on how mindfulness is a powerful tool to help to reduce burnout and to promote resilience and wellness.

Attendees had the opportunity to speak with our exhibitors while enjoying a delicious continental breakfast. After the Welcome and Introductions, Melinda Braskett, MD spoke on food allergy and later in the breakout session spoke specifically about interesting cases.



Mark Del Monte, JD, Chief Deputy and Senior Vice President of Advocacy and External Affairs for the AAP spoke about advocacy for children during these turbulent times and again later during the symposium break out sessions for a more in depth discussion about advocacy on local and state levels to have the best impact.

Marshal Land, MD, FAAP spoke from the ABP with an overview of the MOC process and the many changes that have occurred with their process to make it a more user friendly process. In the breakout session he talked about improvements in the works as well as sought ideas to improve the process.



Michael Brady, MD, FAAP, Associate Editor for the 2015 and 2018 Red Book spoke about various important topics from the Red Book and later for the S. Michael Marcy Memorial Lecture, he talked about Maternal Immunizations and how they protect both the mother and the newborn.



Paula Whiteman, MD, FACEP, FAAP led “Mindfulness for Clinicians” in the morning. Additionally, she provided a ten minute mindfulness exercise during which attendees were guided to experiment with a raisin on the qualities of texture, sound, light, smell.



Christine Thang, MD winner of the Resident Research Awards presented her work, “A Pilot Symbiotic Shadowing Program”. Following her presentation, District IX Medical Student



Representative Alexa Manriquez presented the awards. Pictured (Bottom left) are Lisa Gantz (poster awardee), Christine Thang (oral awardee), Alexandra Colt (poster awardee), Edward Curry, MD, and Alexa Manriquez (chapter medical student representative).

Pictured below, residents and medical students displaying their posters in the exhibits hall. Please read the full report in the Resident's Corner of the Newsletter.



Dr. Kuo talked about a no nonsense approach to discussing social media with parents during the breakout sessions and later, about the best recommendations for taking care of young adults.



Lastly, Dr. Curry reminisced over 35 years of his life and lessons learned from memorable patients and parents that shaped his career.



A few lucky attendees won items in our annual raffle, including 1/2 off the yearly AAP-CA2 chapter membership, a discounted \$99 special fee for next year's conference, 2 tickets to see a LA Galaxy soccer team game donated by AAP-CA2 member-at-large, Tracy Zaslow, MD, FAAP, CAQSM, and a 100% silk purple AAP scarf donated by AAP-CA2 immediate past president, Paula Whiteman, MD, FAAP, FACEP.

Thank you to everyone who attended. We hope to see you again next year.