

# Let's talk about the alphabet soup of ABP/MOC/CME

AAP CA Early Career Pediatrics Town Hall

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6:30-8PM

# Brought to You by Your CA SOECP Leaders

District Representative - Melissa Ruiz, MD, FAAP  
Email: ruizmj@gmail.com

Assistant District Representative - Christine Thang, MD, FAAP  
Email: cthang@mednet.ucla.edu

Chapter 1 (NorCal) - Tashya Jayasuriya Whitehead, MD  
Email: tashya.jay@gmail.com

Chapter 2 (SoCal) - Pallavi Kamra, MD  
Email: pallavikamra@gmail.com

Chapter 3 (San Diego) - Maya Kumar, MD  
Email: m8kumar@health.ucsd.edu

Chapter 4 (Orange County) - Hillary Zieve, MD  
Email: hillaryzieve@gmail.com

<https://aap-ca.org/california-chapters/>

# The American Board of Pediatrics

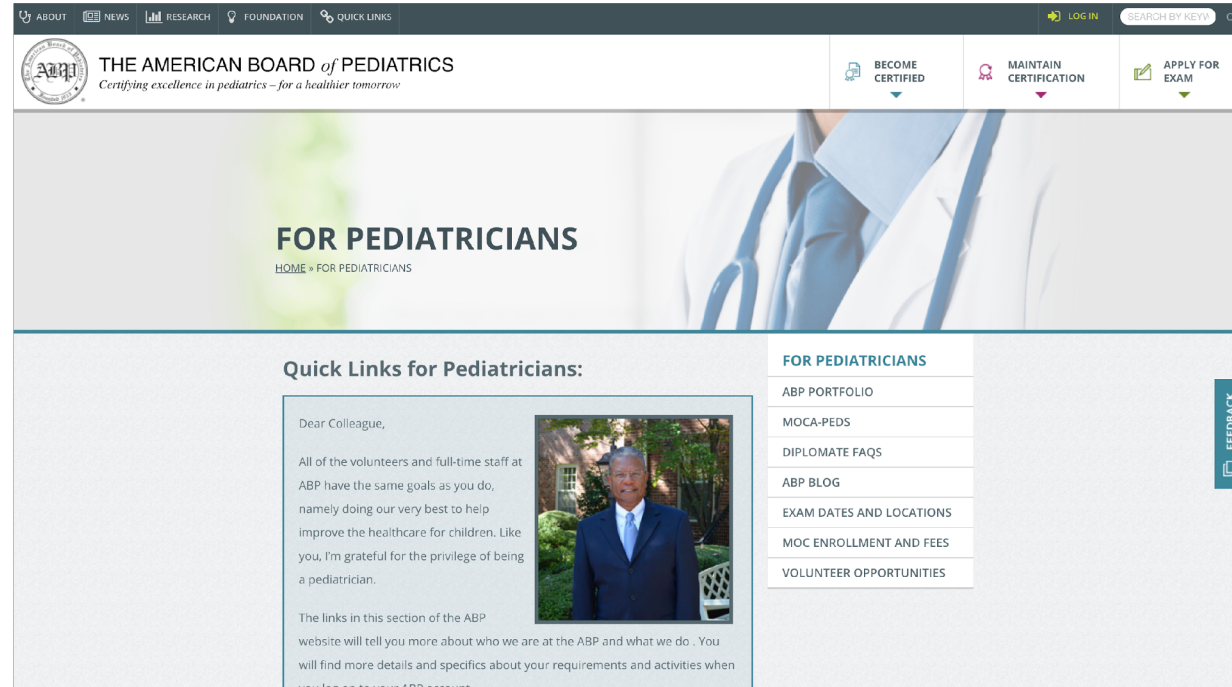
The ABP website is a valuable resource for information

**www.abp.org**

- Eligibility and training requirements
- How to **become** certified
- How to **maintain** certification
- Exam Content Outline

Please visit:

<https://www.abp.org/content/pediatricians>



# General Pediatrics Certifying Examination

- 2020 Exam Dates: October 13, 14, or 15, 2020
  - The exam is offered at computer testing centers over a three-day period. Each candidate will take his or her exam on one of the three days.
  - *The administration of the 2020 General Pediatrics Certifying Examination remains unchanged at this time. Should any alterations to the exam schedule be needed due to the pandemic, all candidates will be notified.*

## Q&A: What advice do you have for boards studying?

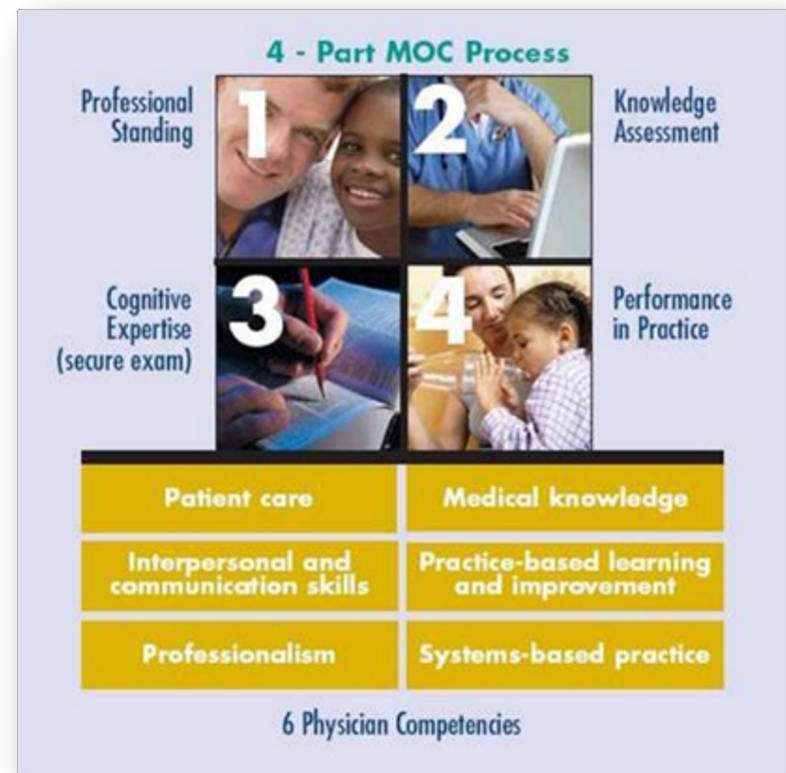
- *MedStudy books*
- *PREP questions*
- *Pick your resource and stick with it*
- *Avoid too many sources*
- *Practice, practice, practice questions*
- *Have a goal/study plan and try to stick to it. There's a lot to cover but remember that you probably covered a lot during your residency -- it's always easier to learn things when it's applicable to real cases.*
- *Study with friends and keep each other accountable.*
- *You're almost there!*

***Any other pearls you would like to share?***

# What is MOC?

Maintenance of Certification (MOC) is:

- 4-part program that you begin once you have passed your initial general pediatrics certification examination
- Evaluates the same 6 core competencies measured throughout training
- Competencies are assessed in 5-year cycles, as defined by Maintenance of Certification



# The 4 Parts of MOC

- Part 1 - Professional Standing - A valid, unrestricted medical license is required. All licenses must be unencumbered
- Part 2 - Lifelong Learning and Self-Assessment - Open-book, online self-assessments activities
- Part 3 - Secure Examination - Closed-book, secure examination
- Part 4 - Improving Professional Practice - Activities done with actual patient population to improve care

# MOC Part 1 - Professional Standing

- Easiest part to achieve!
- Your medical license; you've got this!



# MOC Part 2 - Lifelong Learning and Self-Assessment

- ABP's General Pediatrics Knowledge Self-assessment
  - Open book assessment used to indicate exam performance
- ABP's Question of the Week
  - 1 question released every Wednesday
- ABP's Subspecialty/Topic Self-assessment activities
  - Lots of variety for subspecialist and generalists
- AAP's Self-assessment activities
  - Including PREP Self-assessment and PREP for subspecialties
- Self-assessments from Other Organizations
  - Web-based activities developed by many other organizations

# MOC Part 3 - Examination

Beginning in 2019, you have a choice:

1. **MOCA-Peds** - innovative continuous assessment approach that delivers questions electronically each quarter.

OR

2. **Traditional proctored examination at a secure testing facility.**  
Exam cycle shortened from 10 to 5 years to improve reliability, consistency and face-validity.

# What is MOCA-Peds?

- Online platform to enhance MOC Part 3 process
- 20 timed, multiple choice questions delivered quarterly to any device
- Answer them whenever and wherever at your convenience
- <https://www.abp.org/mocapeds>

# MOC Part 4 - Improving Professional Practice

- Options for Completing Part 4
- Collaborative QI project created by another organization
  - Sponsoring organization get the individual project approved
- Collaborative QI project created by a Portfolio sponsor or Multi-specialty Portfolio sponsor
  - For organizations that have many MOC approved activities, then can become ABP Portfolio Sponsors or Multi-specialty Portfolio sponsors. They can then approve their own activities for MOC credit without having the board review each individual project
- Recognition for NCQA PCMH
  - Diplomates can get MOC credit for their engagement in their facility's effort in obtaining Patient Centered Medical Home recognition from NCQA
- QI Program Development
  - Department chairs, chief quality officers, directors of public health departments or others in a position to develop and lead substantial health care QI in an organization can apply for MOC credit
- Individual QI project created by a diplomate
  - Diplomates can apply to receive MOC credit for their own QI projects
- QI Article publication and QI poster presentation
  - Diplomates can apply for MOC credit for any QI article they have published or any QI poster they have presented at a national conference
- Completion of web-based QI projects
  - Diplomates can get MOC credit for web-based activities created by the ABP or by other sponsors

## Parts 2 & 4 Points

- You must earn a total of 100 points every 5 years, regardless of how many certifications you want to maintain:
  - minimum of 40 points for Part 2
  - minimum of 40 points for Part 4
  - additional 20 points in either Part 2 or Part 4 activities
- Different activities provide different amounts of MOC points after completion.
- You can complete your Part 2 and Part 4 activities any time during your five-year MOC cycle.

# Updates during COVID-19 pandemic

- MOC Cycles NOT Ending in 2020
  - ***The ABP has awarded 25 Part 2 points and 25 Part 4 points to all pediatricians*** maintaining certification to recognize the commitment to lifelong learning and improvement during the COVID-19 pandemic. There is no documentation necessary from you, and these points should now be visible in your ABP Portfolio. Thank you!
- MOC Cycles Ending in 2020
  - *The ABP has awarded MOC points for COVID-19-related learning and improvement to all certified pediatricians who have requirements due this year. These MOC points will satisfy any remaining Part 2 and Part 4 requirements, allowing all ABP-certified pediatricians with a cycle that ends in 2020 the ability to enroll in their next cycle. There is no documentation necessary from you, and these points should now be visible in your ABP Portfolio.*
  - *For those pediatricians who have already completed their Part 2 and Part 4 activity requirements for their MOC cycle ending in 2020, thank you! We will award 25 Part 2 points and 25 Part 4 points for COVID-19-related learning and improvement in January 2021 to count toward your next cycle.*
  - *Every pediatrician whose cycle ends in 2020 will still need to log in to their ABP Portfolio and enroll in their next cycle by Dec. 17, 2020. If you have any questions, please reach out to [moc@abpeds.org](mailto:moc@abpeds.org).*

# What about CME?

- Many MOC activities are approved for CME credit, including the secure examination. Please visit the Secure Examination CME Credit page for further information.
- <https://www.abp.org/content/cme-credit-moc>

## Still unsure?

- Visit ABP.org and log into your secure personal portfolio
- Read letters and emails from the ABP
- Email [MOC@abpeds.org](mailto:MOC@abpeds.org) with questions
- Call the ABP