Telehealth and Preventive Care Services
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Inland Empire Health Plan
Telehealth and Primary Care

- Telehealth is increasing in use by primary care providers across the Inland Empire
- Telehealth can be leveraged to keep children up-to-date on key preventive care services
- IEHP encourages primary care providers to consider telehealth as a tool to provide care when in-office visits are not possible
- DHCS and IEHP has expanded billing and program rules to allow for services offered via telehealth
COVID-19 Response

- Priority remains in place for key preventive health services for IEHP Members
  - Timely Immunizations
  - Well Child Visit
  - Behavioral Health
- Billing guidance provided for:
  - Telehealth
  - Patient-reported biometrics
Telehealth
Telehealth

- IEHP strongly supports continued access to preventive healthcare consistent with Bright Futures guidelines

- IEHP’s P4P measures align with American Academy of Pediatrics (AAP) recommendations

- Some visits may be offered through a hybrid model
  - Virtual visits
  - In-person visits
Well-Child Visits

Ages birth to 2 years of age

• Conduct in-person visits to administer timely vaccinations
Children & Adolescents (ages 2 and older)

- Well-child visits *may* be conducted via telehealth
  - Provider must determine clinical appropriateness
- Providers must bill the appropriate codes for each visit offered. Code visits and each component offered to maximize incentive earnings
  - Telehealth visits: Code all components with Modifier or Place of Service to note telehealth mode
  - In Person visits: Code all components
Well-Child Visits & Telehealth

• **Virtual Visit Components:**
  – Visual Physical Exam
  – Physical Development
  – Health Education/Anticipatory Guidance
  – Nutrition Counseling
  – BMI Assessment
  – ACEs Screening
  – Health History
  – Mental Development
  – Age-appropriate SHA/IHEBA
  – Exercise Counseling
  – Developmental Screening

• **In-Person Visit Components:**
  – Comprehensive Physical Exam
  – Office Testing: Laboratory testing, hearing, vision and oral health screening
  – Fluoride varnish
  – Immunizations
Coding Guidance for Virtual Pediatric Visits
## Virtual Visit Components

<table>
<thead>
<tr>
<th>Components</th>
<th>CPT Code</th>
<th>Modifier</th>
<th>Place of Service</th>
<th>ICD-10 Codes</th>
<th>Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Visual Physical Exam</td>
<td>99381-99385</td>
<td></td>
<td>95</td>
<td>code as appropriate</td>
<td>WCV component</td>
</tr>
<tr>
<td>Health History</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Physical Development</td>
<td>99391-99395</td>
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<tr>
<td>Mental Development</td>
<td></td>
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<tr>
<td>Health Education / Anticipatory Guidance</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Age-appropriate IHEBA/SHA Assessment</td>
<td>99391-99395</td>
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<td></td>
</tr>
<tr>
<td>Nutrition Counseling (WCC)</td>
<td>G9919 or G9920</td>
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<td></td>
<td>IEHP GQ P4P</td>
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<tr>
<td>Exercise Counseling (WCC)</td>
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<td></td>
<td>IEHP GQ P4P</td>
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<tr>
<td>BMI Assessment (WCC)</td>
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<td></td>
<td></td>
<td>IEHP GQ P4P</td>
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<tr>
<td>ACEs Screening</td>
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<td></td>
<td>DHCS Prop 56</td>
<td></td>
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<tr>
<td>Developmental Screening (up to age 30 months)</td>
<td>96110</td>
<td></td>
<td></td>
<td>DHCS Prop 56</td>
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</tr>
</tbody>
</table>
## Well-Child Visits

### In Person Components

<table>
<thead>
<tr>
<th>Components</th>
<th>CPT Codes</th>
<th>POS</th>
<th>ICD-10</th>
<th>Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical Exam to complete WCV should be</td>
<td>99381-99385, 99391-99395</td>
<td>11</td>
<td>Z00.00; Z00.01; Z00.121</td>
<td><strong>IEHP Global Quality P4P - Well-Child Measures; DHCS Value Based Payments Program</strong></td>
</tr>
<tr>
<td>completed timely</td>
<td></td>
<td></td>
<td>Z00.129; Z00.8</td>
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<tr>
<td>Immunizations – follow AAP immunizations</td>
<td>Report all antigens</td>
<td>11</td>
<td>code as appropriate</td>
<td><strong>IEHP Global Quality P4P; DHCS Value Based Payments Program</strong></td>
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<tr>
<td>schedule</td>
<td>administered</td>
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</tr>
<tr>
<td>Office Testing: Laboratory testing, hearing,</td>
<td>Report all completed</td>
<td>11</td>
<td>code as appropriate</td>
<td>Supports transparency of services rendered</td>
</tr>
<tr>
<td>vision, and oral health screening</td>
<td>tests</td>
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<td></td>
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</tr>
<tr>
<td>Dental Fluoride Varnish</td>
<td>99188</td>
<td>11</td>
<td>code as appropriate</td>
<td><strong>DHCS Value Based Payments Program</strong></td>
</tr>
</tbody>
</table>
Patient-Reported Biometric Values
Weight Assessment in Children and Adolescents (WCC): Telehealth Visits

- Patient-reported biometric values are allowed for billing the weight assessment P4P component
  - Includes height and weight used to calculate the Members BMI percentile
  - Biometric values must be collected by a PCP, recorded, dated and maintained in the Members health record
Questions?